



## GOLDEN ROD ROOT

**Botanical Name:** *Solidago virgaurea*

**Common Name:** Actipsis Rafinesque, Aster Linnaeus subg. *Solidago* (Linnaeus) Kuntze, Leioligo Rafinesque

**Medicinal part:** Herb (cut & sifted)

**Description:** Goldenrods are a herbaceous perennial species found in open areas such as meadows, prairies, and savannas. They are mostly native to North America, including Mexico; a few species are native to South America and Eurasia. Some American species have also been introduced into Europe and other parts of the world.



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